

Cactus Hills Farm Meal Plan

JANUARY

2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1 <u>Beef Ramen</u>	2 Chipotle Bowls	3 <u>Coconut Chicken</u>	4 <u>Zuppa Toscana</u>	5 Pizza	6 <u>Honey Chipotle Chicken & Rice Bowls</u>
7 Meatloaf	8 Chili & Cornbread	9 Gyro Bowls	10 Baked Halibut	11 Honey Mustard Hot Ham & Cheese Sandwiches	12 Salmon Board (See our "Dinner inspo" highlight)	13 Quiche & Scones
14 Roast Chicken	15 Spaghetti Squash & Meat Sauce	16 Tacos	17 Chicken Curry	18 Biscuits & Gravy	19 Pizza	20 Fajitas Chips & Salsa
21 Beef Roast	22 Philly Cheesesteak Stuffed Acorn Squash	23 Cashew Chicken	24 Sloppy Joes Sweet Potato Fries	25 Chicken & Noodle Soup	26 Waffles	27 BELT Sandwiches (Bacon, eggs, lettuce, & tomatoes)
28 Enchiladas	29 Baked Potato Bar	30	31			



More Ideas

- Chicken Pot Pie
- Chicken Gnocci Soup
- Tomato Soup & Grilled Cheese
- Quesidillas
- Lasagna
- Chicken Tortellini
- Beef & Vegetable Soup

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